



## Beauty Recipes:

### Face Cream

½ Mature Avocado  
1 tsp Soft curd cheese  
1 tsp Cream

**Method:**

Put the avocado, curd cheese and cream in a narrow and high receptacle. Take the whisk and make a spreadable mixture out of it. Put this mixture onto your face and let it work in for about 20 minutes. After this, rinse off with warm water – and enjoy your 'Baby skin'.

### Refreshment Cream

A few fresh strawberries  
1 tsp Pure Honey  
125ml Sweet cream (1/8 litre)

**Method:**

Strain the strawberries and honey with the MINCER in a cup. Beat the cream with the beater in a narrow and high receptacle. Put the strawberry mixture into it and work it again with the beater. Let the mixture work in for about 20 minutes onto your skin, after this rinse it off with warm water.