



Biltong Pate'

15ml Oil
1 Onion, chopped in GRINDER
200g Button mushrooms, wiped and chopped
500ml Biltong shredded in GRINDER
125ml Cream/cottage cheese
200ml BAMIX Mayonnaise
30ml Parsley chopped with MINCER BLADE

Method:

In a saucepan, heat oil. Sauté onion and mushrooms until tender. Add remaining ingredients, allow to cool slightly. Place mixture in a container and blend with MINCER BLADE until smooth. Serve with wholewheat bread or savoury biscuits.